



# Eugowra NEWS

OCTOBER 2015

VOL.27

*A Lions Club project for the community we serve*

## EUGOWRA SHINES

The 102nd Eugowra Show was a great success under sunny skies and surrounded by lush fields of canola and cereal crops.

A continuation of the theme of the centenary of the ANZAC provided a background for the Show with the dinner at Eat Your Greens the night before. Guest speaker; Nick Smyth, war historian shared his knowledge and research surrounding the Gallipoli landing and Mr Smyth officially opened the show on Saturday afternoon. Military memorabilia was on display and the Trundle Light Horse Troop looked spectacular in the Grand Parade.



Continued on page 25

# from the editor

SPRING! Despite being a chronic hay fever sufferer, I love spring! The first signs for me is the barley grass, then the rye grass. For others it may be the wattle, pine tree dust or whatever other pollen happens to be floating by on the breeze. Bless you!



This season is wonderful especially after such a long cold winter. Everything is blossoming, and budding into new life. Hence it was a wonderful spring day at the Eugowra Show ~ once again showcasing all that is good about Eugowra and the folk of the district.

Spring is also time to enjoy the Canola Cup, another drawcard for the town with a state wide following. I hope the day is a great success as in previous years.

It also means the end of the footy season and congratulations to our girls team win and the U19s for making it to the Grand Finals.

Heading into spring we had a bit of amazing weather; those who saw Tadpole (Ian Welsh) and Tim on Prime news will appreciate the devastation of the tornado which ripped through North Eugowra, Avalon West, Reedy Creek Rd, Murga and headed up into Nangar. Mother nature can get pretty cranky at times! Very sad to see the Hut torn to shreds although to quote Tadpole "We've had some parties up here, but never this big!"

There is quite a bit of The Hut scattered around Cleveland and Avalon West if anyone wants to reuse and resurrect it!

On a sad note, this month Eugowra farewelled Ron Harpley and Barry Stanton (recently located to Wagga) who lost his battle with cancer. Both real gentlemen and I am sure they be will educating St Peter on the finer points of bowling .

I have included a beautiful poem about the dash ~ that gap between birth and death dates in which we live our lives.

Until next month

Sarah

## Contributors this Month

- CWA - Janet Noble
- Therese Welsh
- VIEW - Judy Smith
- Cassie Gates
- EPPA - Max Swift
- EPC - Alicia D'Ombra
- SJS - Sarah de Lange
- Elaine Cheney
- ESS - Sean Haynes
- MPS - David Hyde
- Working Dogs - Kay Howell
- Anne Heath

**Next Issue Deadline:**

**Friday 23rd October**

**The News will be available on:**

**Friday 30th October**

**Advertising and Editorial Material To**

**Sarah de Lange**

**Phone 68595253 ah**

**editor@eugowranews.com.au**

**or drop into the St Joseph's Primary School  
mailbox**

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the community.

**Please note: Views expressed by  
contributors are not the responsibility of  
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**Online at [www.eugowranews.com.au](http://www.eugowranews.com.au)**

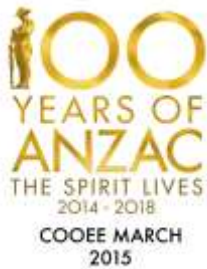
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## Boomerang March

will be passing your mail box

Saturday 31st October.

Depart Parkes-early and mid-morning farewell .  
Depart Parkes by train (1920's motor rail coach courtesy  
Lachlan Valley Railway) Forbes.

Forbes-mid-day arrival

Eugowra @ ANZAC Park (organiser Max Swift)

On Sunday 1st November the march continues to Gooloogong, Canowindra, Billimari, Cowra, Woodstock, Lyndhurst, Mandurama, Carcoar, Blayney, Newbridge, Perthville and meeting up in Bathurst on November 10th with the Kangaroo March from Tooraweenah.

Wednesday 11th November they catch the very early urban train to Sydney Central Railway Station to join other marches for Sydney Remembrance Day Ceremony.

More info at: <http://www.cooeemarch.org.au/boomerangs/>

# WHAT'S ON THIS MONTH

# OCTOBER 2015

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

30Mon

Tue

Wed

Thu

Fri

Sat/Sun

			1 Eugowra 9am - 4pm	2 Manildra 9am - 1pm	3/4
5 CLOSED PUBLIC HOLIDAY	6 Manildra 9am - 1pm	7 CLOSED	8 Eugowra 9am - 4pm	19 Manildra 9am - 1pm	10/11
12 Eugowra 9am - 5pm	13 Manildra 9am - 1pm	14 Eugowra 9am - 11am	15 Eugowra 9am - 4pm	16 Manildra 9am - 1pm	17/18
19 Eugowra 9am - 5pm	20 Manildra 9am - 1pm	21 CLOSED	22 Eugowra 9am - 4pm	23 Manildra 9am - 1pm	24/25
26 Eugowra 9am - 3pm	27 Manildra 9am - 12pm	28 CLOSED	29 CLOSED	30 Manildra 9am - 1pm	31/1

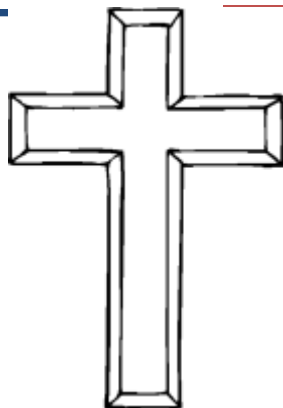
## St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,  
5th Sundays share with Uniting Church at 2.30pm

Rev. Jono Williams 63 441643

Other times: Local Lay Preacher

Elaine Cheney 68 592820



## St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 6.00pm

Fr Laurie Beath 63 42139

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240

# Eugowra Church Times





COUNTRY WOMEN'S ASSOCIATION OF NSW

EUGOWRA BRANCH

October is the Annual General Meeting for Eugowra Branch of CWA, the meeting will be held in the CWA rooms at Nanima St at 10am on .....

Election of Office Bearers will be held, as all positions will become vacant. Membership fees are due, payable to Treasurer Kylie Godden.

This month our guest speaker will be Elaine Cheney curator of Eugowra's Bushranger Museum, she will be telling us about the new extensions and exhibits . If you would like to attend any one is most welcome.

Books for Babies a Eugowra CWA initiative , commenced in 2004. Babies benefit hugely from being read to, the effort of focusing on pictures develops eye muscles, each time a baby hears a particular word it imprints strongly on their brain, because our brains learn by doing, every time your baby sees, hears or feels anything brain connections form. Babies whose parents read to them often learn to speak, read and write more easily.

Ben and Jessica Stanley received a new baby Teddy Angus by Books for Babies officers Janet Noble and Shirley Heinzl.



If anyone knows of a new baby in Eugowra please let us know.

On 29th August CWA catered for Janet's birthday party ,doing their usual sterling job, many thanks to all those who helped. Best wishes to our President Margaret Swift who has been in hospital, we look forward to seeing her back on deck as soon as possible.

The Country Women's Association of NSW is a founding member of the Lymphedema Action Alliance The alliance is about to commence a new phase of campaigning for better Lymphedema services in NSW. The active stage of campaigning will target NSW Minister for Health Jillian Skinner. We are asking the Minister of Health to provide:

- Funding for 62.5 full tome equivalent lymphedema therapist positions across NSW Local Health Districts on a population basis.
- Detailed information about public Lymphedema services on NSW Health website and Cancer Institute's Canrefer website.

Lymphedema is the regional accumulation of excessive amounts of protein-rich fluid in body tissue causing swelling. It occurs when the demand for lymphatic drainage exceeds the capacity of lymphatic circulation. The condition usually affects the limb/s, although it can also affect the trunk, breast, head and neck or genital area.

Secondary lymphedema can be acquired following surgery, radiotherapy, trauma or other damage to the lymphatic system following treatment for cancer. This can develop at any time after surgery or radiotherapy.

Wendy Carey will be representing Central Western Group at Bourke's Annual Conference on 9th October.

Four members will travel to Orange for the 90th Birthday celebrations of Central Western Group to be held at Red Oak Reception, Bathurst Road.

Eugowra Branch wrote a letter of support to CWA of NSW to support their effort to have Q fever vaccines reinstated on the Pharmaceutical Benefits Scheme.

Cont. over page.

Congratulations to Eugowra Public school who have won the International Competition at Group level or section 9 , book on Italy done by a Primary School. This will go to State level to be judged at State Conference. Congratulations to the three students at St Josephs who won prizes at Group level.

Congratulations to both Eugowra Schools who did such wonderful displays at the Eugowra Show

The Central West Group AGM will be held on Friday 30th October at Holy Trinity Parish & Community Centre. Four members are attending.

If Marilyn Carrero reads this she could contact me Janet Noble at 68592457 , I believe she may be interested in CWA.



Photo of CWA members. including 2 junior members, Sophie & Laura Noble.

Sophie and Laura total 5 generations of Noble women in the Eugowra CWA.

Anne Alford nee Noble foundation member, Isabel Noble, Janet Noble, Libby Noble then Laura & Sophie .

# EUGOWRA MEMORIAL MPS

## Birthday Celebrations & Open Day



Next month we will feature an article about the MPS birthday celebrations including photos and an interview with one of the residents.

## EUGOWRA SELF CARE UNITS

### Vacancy

A unit has become vacant in the Self Care Facility in Evelyn Street Eugowra. The unit consists of one bedroom, bathroom, kitchen, living room, laundry, reverse cycle air conditioner, car port and front and rear verandahs. It is freshly painted and has new carpet. Interested parties are welcome to apply.

Hugh Ellis

Ph: 68592926

Mob: 0407 936991



## FROM THE EUGOWRA AUSTRALIA DAY COMMITTEE 2016

It is time to start thinking about any deserving citizens of Eugowra who you might like to nominate for the 2016 Australia Day Awards.

These awards are judged on criteria of scholastic or sporting achievements, and service to the community in terms of personal contribution and spread of involvement. The awards are open to community members who are Australian Citizens and who have made a noteworthy contribution or achieved something outstanding in their work, studies or community service during the current year or over a number of years. Each village has the opportunity to have one recipient recognized from each category.

The three categories are as follows:

**Citizen of the Year Award:** For a person who has demonstrated excellence in their field or service to the community through their work or voluntary activities.

**Young Citizen of the Year Award:** For a person under 25 years of age who may be considered an inspirational role model and who has served their community through their school, work or voluntary activities.

**Community Group of the Year Award:** For a group who has made meritorious contribution to their community.

Nomination forms will be available from Council's Molong, Cudal and Canowindra offices, as well as downloading from the Council's website. Forms will also be sent to all Australia Day Committees and schools within the Shire.

## EUGOWRA / ORANGE COMMUNITY BUS SERVICE



### NEXT BUS:

Friday 23rd October

Friday 27th November

Bus leaves Central Hotel 8.45am  
Returns to Eugowra at 3.30pm

### COST

ADULT: \$6.60

SCHOOL AGE CHILDREN: \$2.20

PRESCHOOL AGE CHILDREN: FREE

(PRICES INCLUDE GST)

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

## CABONNE HOME & COMMUNITY CARE

Is funded to help support people who are frail aged or younger people with disabilities, who are assessed as needing help with tasks of everyday living.

For more information contact

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6344 1199

Or



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\* NEIGHBOUR AID offers a variety of assistance options





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50 Nanima Street, EUGOWRA  
**OPEN 6 DAYS**



EUGOWRA  
PONY CLUB



**Alicia D'Ombra**

Our last rally day was a day of practice, in preparation for the Eugowra Show. And didn't it pay off! Our riders came away with an abundance of ribbons. Well done to Blair and Kirrlea Porter, Sienna Ardis, Isla and Pippa Combe, Olivia Holland, Chelsea and Noah Colvin and Sienna Carver for all your hard work and showing great sportsmanship.

Congratulations to Olivia Holland for taking out Champion Local Horse, with Prince. What an achievement! We wish those riding at Canowindra and the rest of the local shows, the best of luck.

Coming up, Eugowra Pony Club will be hosting a Jumping & Sporting Day. This will be held on Sunday 25th October and will bring riders from all around, to compete in a wonderfully set up jump course and lots of fun sporting events. We would like to extend an open invitation to the community to watch and cheer on our little riders on the day.

Next rally day is to be held on Sunday 11th October at 10am.



## EUGOWRA PONY CLUB JUMPING & SPORTING DAY

SUNDAY 25TH OCTOBER 2015

\$15.00 block entry

Registrations from 8.15 Commencing 9.00am

Clubs responsible to gear check own club

Age Groups are: U7, 7-U9, 9-U11, 11-U13, 13-U15, 15-U17yrs Associates. Age on the day.

May be led sporting only, and have assistance on course for jumping

Ribbons awarded to 4th place, with Champion and Reserve in each age group.

Jumping Under 7 & U 10 Introductory may be combined depending on numbers.

### Jumping

U 7 Introductory (A2)

U 10 Introductory (A2)

Grades E, D, C, B, A.

AM 5

AM 7

Grand Prix

(Note, Associates must jump D Grade or above)

### Sporting

Flag

Bending

Bonfields Bounce

Keyholes

Barrels

Snakes & Ladders

EUGOWRA  
PONY CLUB



**CANTEEN WILL BE AVAILABLE ON THE DAY FOR HOT FOOD & DRINKS**



Love & Truth Through Christ

## St Joseph's Catholic School EUGOWRA

Now Taking Enrolments  
for 2016

Contact Cathy Eppelstun

02 68592485

*Kindergarten Orientation Dates:*

Friday 23rd October 9am – 12.15

Friday 30<sup>th</sup> October 9am – 12.15

Friday 6<sup>th</sup> November 9am – 12.15

Friday 13<sup>th</sup> November 9am – 3.10pm



St Joseph's staff and students are all very proud of the school's tradition and history and their students achievements at all levels. We look forward to an exciting future in educating the children of the Eugowra district.

**St Joseph's Primary; A small school with a big heart.**





# Working Dogs 🐾

Kay Howell

Another very successful Yard Dog Trial was held at the very picturesque Eugowra Showground in conjunction with the 102nd Eugowra Show.

Competitors travelled from as far away as Bega, Penrith, Albury, Bathurst, Harden, Boorowa, Cowra to attend and make this event the success that it was. Well over 60 dogs competed in the four classes: Encourage, Junior, Novice and Open the last dog competing in the Open final was just about in the dark.

Our local bloke Kevin Howell and his dog Karana Ripper winning the Open event (Ripper earlier this year won the National Kelpie Trial in Cressy, Tasmania) Kevin also came 3rd in the Novice with Karana Mate.

We would like to thank the Judges: Steve Weyman (Cowra) for judging the Encourage and Junior, Brad Hazell (Forbes) Novice and Frank Graham (Young) Open .

We would like to also thank our wonderful sponsors of this event with out there generous help this trial would not go ahead Pengilly Family (sheep and the cartage) Coprice Dog Food, Ag/N/Vet Services, Central Hotel, Avalon West, Karana Kelpie Stud, Forbes Livestock, Forbes Vet Clinic, Jemalong Wool, Frank Spice, Grant Howell Auto Electrics, Denise Howell Hairdressing.

Jon Abbott and Matrix ( Bathurst.)

Bec Bruest and Trixie ( Bega )

Ben Coster ( Harden )



A 1st Ben Johnston, Lucy. Brad Hazell (Judge) 2nd Rob Cox Captain. 3rd Kev Howell. Karana Mate

B Encourage. L/R. Andrew Walton equal 2nd ,Steve Weyman ( Judge ) Daryen Hazell 1st . Bec Bruest equal 2nd

C Junior . Steve Weyman ( Judge ) Will Cox 1 st , 2nd ,3rd

D Open. 3rd Ben Johnston 2nd. Jake Nowlan , 1st Kevin Howell, 4th Brad Hazell.

**THIS COULD BE OUR LAST  
CHANCE TO MAKE THE VOICE  
OF PEOPLE POWER HEARD  
PLEASE HELP!!!**

We need the help from a large number of people to deliver your message to the Minister for Local Government Paul Toole that we don't agree with his position on Council amalgamations and if he fails to listen now, communities state wide will make sure he and his government don't have another chance following the next election.

**HOW CAN YOU HELP?**

Simply be at Paul Toole's office in Bathurst at 10.30am on Saturday, 17 October 2015 or Register to be on one of the busses that will be departing from Cudal, Manildra, Cumnock and Molong at times TBA.

Please RSVP your intentions to Marj Bollinger ASAP or by Saturday, 10th October 2015 at the latest on 63668593 or email [marjbp11@skymesh.com.au](mailto:marjbp11@skymesh.com.au)



**Did you know.....**

**Based on the Census**

- The average Australian spends 3 hours a day in front of the television. (not so scary)  
However if you live to 70yrs of age, that's 9 years of TV watching! (Scary)
- The Australian Government gives \$208 per person each year for aide to Third World countries. (not so scary)
- The average Australian adult spends \$996 on gambling each year. (Scary)
- The pornography industry in Australia is worth 1 billion dollars. It's the 4th biggest industry in Canberra and is worth more than tourism. (very scary)

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CONTACT: ALAN & MARIE NOBLE (02) 68592266



# *The Dash Poem*

by **Linda Ellis**

I read of a man who stood to speak  
At the funeral of a friend.  
He referred to the dates on her tombstone  
From the beginning to the end.

He noted that first came the date of her birth  
And spoke of the following date with tears,  
But he said what mattered most of all  
Was the dash between those years.

For that dash represents all the time  
That she spent alive on earth  
And now only those who loved her  
Know what that little line is worth.

For it matters not, how much we own,  
The cars, the house, the cash,  
What matters is how we live and love  
And how we spend our dash.

So think about this long and hard;  
Are there things you'd like to change?  
For you never know how much time is left  
That can still be rearranged.

If we could just slow down enough  
To consider what's true and real  
And always try to understand  
The way other people feel.

And be less quick to anger  
And show appreciation more  
And love the people in our lives  
Like we've never loved before.

If we treat each other with respect  
And more often wear a smile,  
Remembering that this special dash  
Might only last a little while.

So when your eulogy is being read  
With your life's actions to rehash  
Would you be proud of the things they say  
About how you spent your dash?

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# St Joseph's Primary School

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*Love and Truth Through Christ*

## SEPTEMBER NEWS

Term 3 has wrapped up culminating in the Eugowra Show on the first weekend. We have enjoyed the fun of the annual Book Fair and celebrating the joy of reading and presented awards at the end of term assembly.

## SHOW TIME!

Congratulations on another great show in Eugowra. It was wonderful to see so many entries in the Pavilion ~ well done to those children who won prizes and ribbons for their efforts.

Congratulations to Jack Fazzari and Lachlan Haynes were the Junior Stockmen for the Show and to all those competing in the horse ring.

## BOOK WEEK

Another successful Book Fair was held at St Joseph's Library. Many thanks to the parents who donated wonderful books to the library and well done to all the children on participating in the dress up activities on the day.

## END OF TERM ASSEMBLY & PRAYER SERVICE

Thank you parents and friends for attending our end of Term Assembly. Fr Laurie sent his apologies as he had an appointment in Sydney and was unable to say Mass, so Mrs Rosemary prepared a Liturgy of the Word.

Congratulations to the following children who received a Principals Award for their hard work during the term.

- MAX GATES - excellent class discussions
- TY JONES - working consistently in class
- EVE MOORE - consistent work in all areas
- JACK FAZZARI - improvement in reading
- JADA MONGAN - Improvement in reading
- COOPER GATES - Excellent work in all areas



*Ty Jones, cousin & Mum Casey Fisher.*

*Jack Fazzari proudly shows his award to Mum, Therese and Nan Elaine Townsend*



The Sports Captains recapped their running at the Catholic Schools State Carnival;



*Congratulations to our relay team of Jordan Moore, Jim Riley, Riley and Angus Whatman who, with our families travelled all the way to Newcastle on Thursday 3rd September to compete in the CPS state athletics carnival. We came an*

*amazing 4th, doing a personal best time of 102.96. A mere .26 seconds behind third place.*

Well done boys, your school and families are very proud of your efforts and we hope you enjoyed the experience.

## RECONCILIATION

Baylie Tulloch, Levi Carver, Elizabeth Brindle, Luke Holland and Jack Fazzari are preparing for their First Reconciliation On Thursday 22nd October at the 2p Mass with Fr Laurie. Please keep these children in your prayers. The celebration of Reconciliation will be held on Sunday 25th October at 6.00pm.

We hope everyone is enjoying their holidays with family and friends and look forward to the fun of Term 4. School returns on Tuesday 6th October.

We will be heading to the Blue Mountains and Sydney for a big excursion and then preparing for the end of year concert.

Until then, God Bless

Staff and Students St Joseph's



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 Thursday - 6pm to close  
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 Friday - 6pm to close  
 Saturday - 12pm to close  
 Sunday - 12pm to close

**MEMBERS  
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 CHINESE  
 SMORGASBORD**  
 Last Friday of the  
 month

**TRADING HOURS  
 OPEN 7 DAYS**  
 Monday to Friday 4pm - close  
 Saturday 1pm - close  
 Sunday 12pm - close

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**SUPPORT | ENJOY | RELAX**

*New members & visitors are always welcome!*





Seven of the Eugowra members were very fortunate to attend the National VIEW Convention which was held in Wollongong on.....

Friday was day one of the Conference with a welcome and introductions from Maryanne Maher the National Member of VIEW. This was followed by Welcome to Country by Indigenous Elders Lorraine Brown and Narelle Thomas.

Lord Mayor of Wollongong, Gordon Bradbury OAM welcomed everyone and performed the Official Opening. The Smith Family Address was given by Dr Lisa O'Brien the CEO of the Smith Family.

Guest speaker was a former Learning for Life student Paul Ell, who gave a very inspirational speech on his journey through life. In his own words he said he lived in what could be described as "Struggle Street" with the family being broken up when he was four years old and being raised, along with two young sisters, by his grandparents.

He became a Learning for Life student in 2002 and was supported by the Smith Family throughout his High School education and studies at University. Paul graduated from the University of Wollongong in 2015 with a Bachelor of Laws and a Bachelor of Commerce. In July 2015 Paul joined RMB Lawyers becoming a member of the Real Estate Law Team in Wollongong.

The afternoon session featured "Women of Inspiration" with Ticky Fullerton the Facilitator and panellists Jean Kittson, Susannah Fullerton, Debra Oswald and Margaret Pomeranz. The local ladies chose to attend the Midnight in Paris dinner and entertainment at the City Beach Function Centre. VIEW ladies in styles of Parisienne dress enjoyed a great evening of food, music and dancing.

Saturday morning commenced with the VIEW Walk where members donned VIEW colours and walked the foreshore to the lighthouse carrying the balloons representing the students VIEW supports. Saturday's morning session included The Smith Family address by Christine McLoughlin the Deputy Chairman of the Smith Family, and Emeritus Professor Gillian Triggs the President of the Australian Human Rights Commission.

Debates on the four resolutions followed with Eugowra member Diane Agustin being a member of the successful team debating the Resolution the VIEW Clubs of Australia urge that more funding be made available to create a centralised data distribution centre and find more effective ways to combat the incidence of domestic and family violence.

The Writer's Festival in the afternoon featured Geraldine Doogue, Kate Grenville, Sarah Hopkins and Melinda James – the Facilitator.

The Gala Dinner on Saturday evening was held at the University Hall, with guests enjoying a tasty dinner and superb entertainment from Scott Radburn who was once a member of the Four Kinsmen and now perform everything from comedy to opera, Shannon Brown a former tenor with the "Ten Tenors" plus others. The Convention concluded on Sunday with a Grand Celebration at the Wollongong Town Hall.

Once again the musical entertainment was incredible with performances from the Bluescope Youth Orchestra, Soloist Briannah Gordon and an organ recital by Peter Nickolas.

It was a truly an inspirational, entertaining and enjoyable National Convention with some of the best authors, speakers and writers anyone could wish to hear speak.



*Diane Agustin, Andy Langfield, Esther Hyde, Irene Sharp, Wendy Drady and Therese Welsh joined other VIEW ladies on the walk to the lighthouse.*

*Irene Sharp and Judy Smith with the "Women of Inspiration" on the first day of Convention L-R- Susannah Fullerton, Debra Oswald, Margaret Pomeranz, and Jean Kittson.*



# Champion Geagles!

Congratulations to our Geagle Girls who have won their maiden premiership with victory in the Woodbridge Cup grand finals at Young on Sunday 20th September.

The team have been close to winning in recent seasons and managed to seal the win after a great battle with Binalong. The final score was 14 - 6 with some excellent kicking, and runs and even better defence from the team.

The team on the day were; Claudia Lovett, Mikayla Mongan, Samantha Thornton, Liana Jackson, Alex Baass, Annabelle Wykamp, Emelia Den, Ashlee Newell, Kelli Gibson, Jen Wensley, Casey Fisher, Ella Harris, Kirsty Hartwig, Chloe Harpur, Sally Dwyer, Anika Heinzl, Britney Dukes and Abbie Howell.

Mikayla Mongan was awarded player of the game.

The Geagles Team photo hangs proudly on the wall of the Central Hotel. Well done girls!

Congratulations to the Youth League who also made it to the Grand Final. Unfortunately they were defeated by Peak Hill, 28 - 10. Well played all season. Well done lads!





## ~ THE SEASONAL KITCHEN ~

### **Warm Potato Salad with Smoked Trout and Asparagus**

Asparagus freshly picked from the garden is one of the delights of early spring. It took a bit to get the asparagus patch established here but now it is cropping well, last year we picked asparagus for five months.

Lightly steamed asparagus served with some butter and poached eggs is a real treat, this warm potato salad is a complete meal.

#### Ingredients

- 1 kilo of small new potatoes
- 6 (or more) spears of fresh asparagus
- ½ cup good quality egg mayonnaise or you could make your own
- ½ cup sour cream
- 1 bunch of dill finely chopped
- 1 red onion very thinly sliced
- 1 smoked trout, skin and bones removed and flaked

Steam the potatoes until just cooked toss with mayonnaise and sour cream, pile onto a platter and top with lightly steamed asparagus', finely chopped dill, onions and the trout.

**Enjoy!**

## What the?....



Virginia is still waiting for an answer. On display at the Eugowra Museum for closer inspection.

### **Eugowra Youth League, Minor Premiers of the Woodbridge Cup 2015**







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(c 1920's) on the banks of the Mandagery Creek, Eugowra

*Furniture bargains, gift ideas, unique bits'n' pieces, 45 and 75 records, old wirelesses, fur coats, retro gear.*

**Open Sundays 10 a.m. to 4 p.m.**



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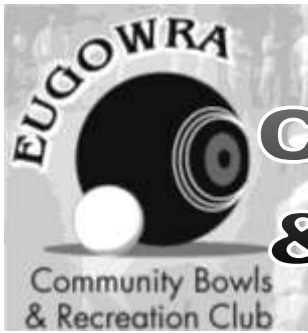
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# EUGOWRA Community Bowls & Recreation Club

## BONANZA NIGHT

24<sup>TH</sup> OCTOBER 2015

BLACK TIE FORMAL  
7PM TO LATE

### RAFFLE PRIZE

\$500 Gift Voucher from Harvey Norman

*Tickets go on sale from 1<sup>st</sup> September for \$1 each from the Bowling Club,  
Danny's Supermarket/Newsagency & The Lady Bushranger*

### AUCTION PRIZES

Landscape Package

Catered Dinner for 6 from Eat Your Greens

Gift Voucher

Pamper Package

Miscellaneous Prizes

***ROULETTE  
HEADS & TAILS  
UNDERS & OVERS***





# LIFE'S MILESTONES

## BIRTHDAY CELEBRATIONS

Again at either end of the spectrum, Eugowra locals celebrate a 'birth day' event.

**Justin & Alicia D'Ombra** of Eugowra have welcomed their 5th child, **Jake Archer James** on

Monday 7th September 2015 at 1.30pm.



Jake weighed 3710grams (8pounds 3ounces) and was 51.5cm long.

He is a new baby brother for siblings Chelsea (8), Noah (6), Brock (3), and Airlie (15months).

He is a grandson for Mark & Lisa Wren (Eugowra), David Brown (Forbes) and Lester & Teresa D'Ombra (Forbes).

He is a great grandson for Janice Myers (Eugowra) and Helen & John Brown (Forbes). Jake is also a nephew for Mat & Mel Brown and Gaby & Zane Wren.



Janet Noble recently celebrated a special birthday with family and friends. She is pictured here with nursing friend from 1956, Jackie Fox Cooma. Janet blowing out candles with granddaughters; Sophie and Laura Noble and son Andrew. Congratulations Janet.

# A LITTLE BIT OF HISTORY



Elaine Cheney

“Sydney Morning Herald” 1 January 1936.

LOST IN MOUNTAINS Young Girls' Adventure. DOGS FOLLOWED INTO BUSH. Canowindra

Two small girls, aged 6 and 4, were lost for 24 hours in the forbidding country of the Nangar mountains, once haunted by Ben Hall and his gang of bushrangers. They were the daughters of Mr and Mrs R T Gaunt, of Eugowra Road Canowindra. They wandered from their home into the foothills of the Nangar mountains early yesterday morning, and were missing until this morning. The children left their home with two dogs, telling their mother they were going to chase rabbits. Later, when they did not return, the alarm was given. Search parties were organised under Sergeant Newland of Canowindra and Constable Wylde of Eugowra and at least 250 men took part all day yesterday and throughout the night, searching the rough country.

Early this morning, the children were found through the barking of their dogs, near a settler's home. They had wandered many miles through dense country. The elder girl explained that their dogs had hunted a kangaroo. They had made a brave attempt to follow their dogs, which fortunately led them to the vicinity of the home of Mr Campbell, who heard the barking. Both parents were in the state of collapse when news reached them of the safety of the children. The younger girl was severely cut on her legs and feet.

*Many Eugowra residents were involved in a search about 20 years ago for a lost child, Ben Anderson, who wandered from his grandparents' home on a property adjoining where the family in this story had made their home. A conversation with former Eugowra resident Robert Ellis has prompted me to recall this story from the summer of 1936. We believe both the children, named in another article as Joan and Bub, are still living.*

**From “Molong Argus” Friday 31 July 1896. Complaint from Eugowra.**

Dear Sir. With your kind permission I wish to say a few words regarding the Chinaman's garden which is now being laid out about half a mile from town. The garden in question is situated on a creek or running stream fed by springs. The garden is about three hundred yards from the main creek which flows through the town, and from which water is taken for domestic purposes, both by the town people and people down the creek. Now, taking into consideration that the Chinese garden in question is situated on a stream which flows and empties directly into the main creek, the matter becomes of a serious nature. All kinds of filth, rubbish and refuse vegetable matter will find its way into the stream and there will remain to decompose and be washed by the stream into the main creek. The result of such would be lamentable in the extreme, for decomposing vegetable and other noxious matter gives rise to microbes and various germs of disease, and once the water is polluted or impregnated to such an extent with disease imparting germs it will be found a difficult if not impossible matter to eradicate the evil.

Prevention is better than cure, therefore I think steps should be at once taken by the authorities. The misery, suffering and loss (which may be said with little shade of doubt) that would result from it, if allowed to go unimpeded, can be better imagined than described. When the place becomes a hot-bed of disease such as typhoid or diphtheria, then people will wake from their lethargy and try to search out the cause, through some medical officer, duly qualified of course, but who in the majority of cases arrive at very erroneous opinions and attribute the cause to most unreasonable matters. I trust, in conclusion, that this short epistle will open the eyes of the public and that action will be at once taken. Hoping that I have not trespassed too much on your valuable space. Yours respectfully, TYRO. Eugowra 27 July 1896.

*I have spoken to Bill Howell regarding this article and, although neither of us had heard of Chinese Gardens in this area, we believe it must be about the Jack's Leap Road turn off on the Long Gully. It is not known if the Chinese gentleman in question was Ah Wang who gardened successfully around Eugowra for many years early in the last century.*





LEXUS  
of Parramatta

# Canola Cup

## FAMILY PICNIC DAY

Feature Races: Lexus Of Parramatta \$30,000 Canola Cup  
\$10,000 Pepper Tree Farm Don Tildsley Memorial - \$10,000 Heats of the AGL Energy Country Series



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## 2015 SHOW WRAP UP

The 102nd Eugowra Show was again a great success and enjoyed by all. This year had the largest number of cattle shown and in the poultry section there was 70-80 entries. The pavilion displays were up with a large amount of entries in the cooking and good entries for the sewing, flowers, art, craft and photography.

Out side was busy with Yard Dog Trials, Horse events, Draught Horse log snigging, and the military display from the Watson family of Gooloogong. A new section was the Barrel Races which included horses, utes, and motorbikes. Popular as always was the Demolition Derby at the end of the day followed by fireworks.

There was an endless supply of delicious foods provided by local community groups - Eugowra VIEW providing morning & afternoon teas and lunch and the Eugowra Progress Association for the good old Steak and sausage sandwiches. The Lions Club manned the gates and many thanks go to all the volunteers and visitors to the Eugowra Show.

## Winners of Major Competitions

Eugowra Showgirl 2015 – Nikki Whyburn

Miss Teenager – April Harvey

Miss Junior Showgirl – Olivia Connell

Miss Tiny Tots – Sophie Gibson

Master Stockman – Jack Fazzari &  
Lachlan Haynes

Most Successful Junior Exhibitor in Pavilion Classes – Katie Townsend

Most Successful Exhibitor in Pavilion Classes – Don Hardy

## Certificates of Appreciation

- Alan & Marie Noble
- Geoff Parker
- Janice Myers
- Maria Dawson
- Max Gransden

Awarding of Life Membership to The Eugowra Show Society – Dave Herbert





President; Peter Philipzen  
Guest Speaker: Nick Smyth  
Show Secretary: Sean Haynes



# 2015 Eugowra Show Girls

- Maddie Woodbridge
- Ellie Smyth
- Nikki Whyburn







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- groin pain, pelvic tilt and uneven leg length

Appointments are required for each  
session by contacting

**Greg Howell 0427 592 771**



## Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

### **Stepping On With Confidence**

Would you like to be more confident at home? Maintain your independence? Meet new people? Get some exercise? If so, Stepping On may be the program for you.

The Stepping On program is a FREE program developed in NSW and is now being offered by the Eugowra Health Service

It is available for people aged 65 and over who are living at home and able to walk independently or with a walking stick.

The program includes practical exercises to improve strength and balance and covers a range of topics, from vision and medication management to moving about safely in the community, with sessions facilitated by local specialist health professionals and invited guest speakers.

The Stepping On program is starting **WEDNESDAY 21st OCTOBER** at the Willawa Centre- Eugowra MPS at 10am to 12md . The group-based sessions run for two hours a week for seven weeks, followed by a refresher session two months later. To see other programs running in your local area, visit [www.activeandhealthy.nsw.gov.au](http://www.activeandhealthy.nsw.gov.au).

To be part of this exciting program, contact:

**Coordinator- Phone Ann Stenhouse – 0429152380 today to secure a place.**

## **PARKINSON'S SUPPORT GROUP**

**WHEN:** SECOND TUESDAY OF THE MONTH

**WHERE:** NEIGHBOURHOOD CENTRE,  
CURRAJONG ST, PARKES

**TIME:** 10.30am

**MEMBERSHIP FEE :** \$15.00 (Annual)

**CONTACT - Eileen 68626968 Ivy 68621783**





AS LONG AS YOU DID IT  
TO ONE OF THESE,  
THE LEAST OF MY BROTHERS  
AND SISTERS,  
YOU DID IT TO ME.

As we all have watched the World News we are sure each one of us is moved with deep compassion and wonder how such a situation could happen.

We need to have the correct information and this must be backed up by prayer.

<p>ECUMENICAL COMMUNITY PRAYER Everyone welcome</p>	<p>INFORMATION NIGHT (refugees and asylum seekers) Guest Speaker: Phil Glendenning*</p>
<p>DATE: Thursday: 8/10/2015 TIME: Afternoon: 2-3 pm Night: 7-8pm PLACE: St. Joseph's Community Hall, Eugowra</p>	<p>DATE: 13/10/2015 TIME: 7-30pm PLACE: St. Raphael's COWRA TRANSPORT: bus from opposite Eugowra museum. (Pick up Canowindra too)</p>

**\*Phil Glendenning is the director of the Edmund Rice Centre, and President of the Refugees and Asylum seekers Council. Phil is an international speaker and has his finger on the pulse of this human tragedy that is in folding before our eyes.**

We are so blessed that he is visiting our area at this crucial time. Come along and hear the facts. Please put the dates into your calendar and invite your friends to come with you. Please start the prayers now.

From: Therese Welsh.....ph. 68592502 (mob 0428121554)  
Helen Sullivan..... ph. 68592277 (mob 0425257803)  
Please RSVP for the bus to Cowra by text by October 10<sup>th</sup>.



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## ASTHMA

**Be aware of the early danger signs of asthma attacks and seek medical attention if the condition does not respond to prescribed medication.**

Generally, people who are known sufferers from asthma have an asthma plan and always carry their medication (eg Ventolin puffer). However if their attack is more than mild then they should seek help urgently.

As well as experiencing some of the symptoms in the table opposite, young children may appear restless, unable to settle and may have problems eating or drinking. They may also have severe coughing or vomiting. Young children with an asthma flare-up may only complain of a sore or tight feeling in their tummy or chest, or a funny feeling or 'frog' in their throat.

Some people may wait too long before calling an ambulance and it is not uncommon to be called to people who have stopped breathing as a result of asthma.

If a person has signs of severe asthma - that is the person cannot talk in sentences and is gasping for breath or has severe chest tightness, call 000 immediately.

### Managing an Asthma Attack

- ◆ Position the person so that they are sitting upright
- ◆ Loosen the clothing around their neck and chest
- ◆ Assist the person to take their prescribed reliever medication as per their plan
- ◆ If there is no relief, call 000 immediately
- ◆ Be aware of asthma triggers such as dust, pet fur, allergies, exercise, smoke, weather and stress

1 in 10 Australian people have asthma, across all ages. Any person with asthma can have a flare-up of asthma symptoms at any time. Having good control of your asthma means this is less likely to happen, but it can still happen. An asthma flare-up is a worsening of asthma symptoms. A sudden or severe flare-up is often called an asthma attack.

Signs of an asthma flare-up can include any of the following:

Mild/ Moderate	Severe	Life- threatening
Minor difficulty breathing	Obvious difficulty breathing	Gasping for breath
Able to talk in full sentences	Cannot speak a full sentence in one breath	Unable to speak or 1-2 words per breath
Able to walk/move around	Tugging in of the skin between ribs or at base of neck	Confused or exhausted
May have cough or wheeze	May have cough or wheeze	Turning blue
	Reliever medication not lasting as usual	Collapsing
		May no longer have wheeze or cough
		Not responding to reliever medication
↓	↓	↓
<b>Ask the person if they have asthma and if they need help. If so, assist the person with Asthma First Aid.</b>	<b>Call Ambulance on 000</b>	<b>Call Ambulance on 000</b>
	<b>Commence Asthma First Aid</b>	<b>Commence Asthma First Aid</b>

Even if an asthma attack has been successfully treated without needing to call an ambulance, you should be reviewed by a doctor as soon as possible. It is important to understand why the asthma attack occurred and whether anything can be done to prevent it happening again in the future. An asthma flare-up or attack may indicate poor or partial control of asthma and your doctor may need to adjust your regular asthma medications and update your written asthma action plan.





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THANK YOU

**CORAL GREENHALGH**



David, Peter and Dora and families  
thank you sincerely for your  
kindness and expressions of  
sympathy on the loss of our loved one.  
Please accept this as our personal  
thanks.

### If I Could Fly

Have you sat upon a hillside,  
And watched the eagle floating by,  
To soar on towering thermals,  
Must be marvellous to fly.  
Have you watched the kestrel hovering  
On quivering pinions in the sky  
The sudden dive for dinner  
How I wish that I could fly.  
The mumbling, bumbling beetle,  
Bee, moth and dragonfly.  
So many of God's creatures  
Have the ability to fly.  
You may think that I am morbid,  
But we all someday must die,  
Of just one thing I am certain,  
On that day we learn to FLY.

Barry Stanton.

**REST IN PEACE BARRY**

**12.12.38 - 31.8.15**



## The Pigeonholes

For Births/Deaths/For Sale/Wanted  
or short messages.

Wanted to buy down or injured stock.

Contact :

Kevin Howell. 02 68592311.

**Eugowra Community Children's Centre**

### **ANNUAL GENERAL MEETING**

**Wednesday**

**21st October 2015 5.00pm**

**at the Preschool**



To all the stewards, judges and many unrecognised,  
volunteer workers involved in putting the show  
together and tidying up again afterwards.



To our friendly local blokes.....



**Chris Walters ▶ EVERYTHING  
CARAVAN & CAMPING**

4 mins · Dubbo · 🇺🇸

On Sunday night we stayed at Eugowra NSW  
at the free camp Bynes Park. It's a fabulous  
park next to the creek right in the middle of  
town. Walk across the bridge to the pub with a  
great publican. We then walked back to our  
van when one of the local blokes from across  
the road wandered over and asked us to come  
and have a drink. It turned out to be a fabulous  
night. Thanks to the locals Mick, Bernice, Tim  
and Bert for a fabulous night and Mick for  
making a metal base for our portable fireplace.  
This is what free camping is all about.



# Ray White

## Eugowra

**CONTACT: MICHELLE CHENEY 51 NANIMA ST**  
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### 9 Oberon Street EUGOWRA \$98,000

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NEW LISTING



### 27 Pye Street EUGOWRA \$330,000

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- Two bathroom's and a big laundry with lots of storage.
- Other features – reverse cycle ducted A/c, wood heater, solar hot water, well established gardens, paved outdoor area, 6 bay garage with power and concrete floor.
- The well fenced 2042sqm block is located a short walk to CBD.



### 19 Pye Street EUGOWRA \$ 180,000

- 2 bedroom home walking distance to all local amenities
- Lovely period features including high ceilings and leadlight windows
- Modern kitchen and bathroom, reverse cycle A/c, spacious lounge room that opens onto a rear deck ideal for entertaining.
- Well established garden, advanced trees and shrubs, single lock up garage plus carport.



### 11 Oberon Street EUGOWRA \$260,000

- Large comfortable home featuring 4 bedrooms and spacious lounge/dining area.
- A great indoor entertainment area runs the full length of the home at the rear.
- Big workshop/garage sits in the back yard which includes a double carport as well as a generous single carport off to the side of the home
- Bore, rainwater tank, established gardens and double garden shed...the list goes on.



### 22 Evelynn Street EUGOWRA \$69,000

- Excellent 1/2 acre building block with well established trees along fence line
- 16m x 8 m shed part concrete floor, 3 phase power



### Lot 201 Kareena Street EUGOWRA \$23,000

- 1012sqm building block in quiet area
- Short walk to town centre
- Power pole immediately out front & services close by.

