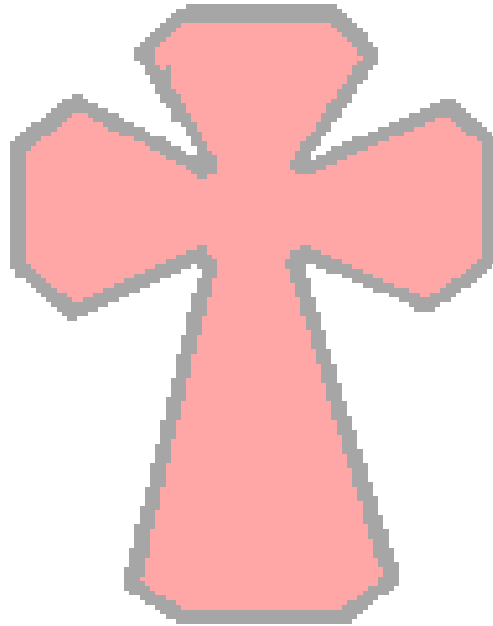


# **ROCKY MOUNTAIN TRES DIAS WEST**



## **Team Manual**

**ROCKY MOUNTAIN TRES DIAS WEST  
TEAM MANUAL  
TABLE OF CONTENTS**

<b>Songs</b> .....	<b>1</b>
De Colores - Meal Blessing - The Thanksgiving	
<b>General Instructions</b> .....	<b>2</b>
<b>Brief Description of Weekend Events</b> .....	<b>8</b>
Set-up -- Send-off – Serenade – Closing – Take-down	
<b>Team Checklist</b> .....	<b>9</b>
<b>Palanca</b> .....	<b>10</b>
<b>Different Kinds of Palanca</b> .....	<b>11</b>
<b>Rollo Prayer Palanca</b> .....	<b>12</b>
<b>General Palanca Letter</b> .....	<b>12</b>
<b>General Palanca Letter (Sample)</b> .....	<b>13</b>
<b>Envelopes for Palanca Letters (Samples)</b> .....	<b>13</b>
<b>Sponsorship</b> .....	<b>14</b>
<b>Sponsor Responsibilities</b> .....	<b>15</b>
<b>Sponsor Request for Palanca Letter (Sample)</b> .....	<b>16</b>
<b>Tres Dias Weekend Summary</b> .....	<b>17</b>
<b>Essentials and Non-Essentials</b> .....	<b>18</b>
<b>Essential Characteristics of the Tres Dias Weekend</b> .....	<b>18</b>
<b>Relationship Between Lay Talks</b> .....	<b>18</b>
<b>The Tres Dias Method</b> .....	<b>19</b>
<b>Women’s Guidelines for Practice Rollos and Critiques</b> .....	<b>20</b>
<b>Women’s Candle Lighting Procedure for Rollos on Weekend</b> .....	<b>21</b>
<b>Men’s Procedure for Rollos</b> .....	<b>22</b>
<b>Meditation</b> .....	<b>23</b>
<b>Rollo Summaries</b> .....	<b>24</b>

---

## DE COLORES

De Colores, de Colores the fields love to dress in all during the springtime.  
De Colores, de Colores the birds have their clothing that comes every season.  
De Colores, de Colores the rainbow is vested across the blue sky.  
De Colores and so must all love be of every bright color to make my heart cry. (*repeat*)

Sing the rooster. Sing the rooster with his kiri, kiri, kiri, kiri, kiri.  
And the cluck-hen. And the cluck-hen with her cara, cara, cara, cara, cara.  
And the babe-chicks. And the babe-chicks with their pio, pio, pio, pio, pi.  
De Colores and so must all love be of every bright color to make my heart cry. (*repeat*)

## MEAL BLESSING

Bless our friends, bless our food.  
Come, O Lord, and sit with us.  
May our talk glow with peace,  
Bring your love to surround us.

Friendship and peace, may it bloom and grow,  
Bloom and grow forever.  
Bless our friends, bless our food,  
Bless our dear land forever.

## THE THANKSGIVING

Hear our thanks, Father God.  
Thanks, O Son, for being with us.  
Thanks for words giving peace,  
Urging love strong, sincere.

Friendship and peace, let it bloom and grow,  
Bloom and grow forever.  
Thanks for friends, thanks for food,  
Thanks for freedom, Dear Father.

---

## GENERAL INSTRUCTIONS

### ALL CHAS

- On Thursday, be in your section area at the time designated by your section head cha.
- You are expected to be at the Thursday night reception. You will be introduced to the candidates, except the following: Kitchen Chas may be introduced on Friday morning in the kitchen; Silent Professors will be introduced on Sunday afternoon; Rollistas will be revealed when they give their talk.
- Your section head cha should always know where you are. Do not leave your area.
- You are not on the weekend for your own blessing, but to be a blessing to others. Your blessing will come through serving others.
- All chas (with the exception of the Professors and Rollistas) are to help serve the candidates in any way. No candidate should ever get something for himself/herself. Also, they should not go off by themselves, but be sensitive . . . someone may just need a little space.
- All chas should carry a tray for a candidate at every meal. There usually is a difference in the team and candidate nametags so you will be able to recognize candidates easily.
- Don't make a big deal if a candidate needs to use the restroom at an unscheduled time.
- Chas should go last in any activity—have a servant's attitude.
- Be an example for the candidates: when the bell rings, respond quickly; be silent during the spiritual retreat (Thursday night); be quiet and meditative in the chapel.
- Always be available to help out other section areas if asked and approved by your section head. Always be quick to help when needed!
- Do not ask special favors of other chas.

### BUDGETS

- Each rector sets his own budget from an amount of money designated by the RMWTD Board of Directors. The rector is given a guideline for spending this budget. All decisions about the expenditure of this budget are solely the rectors.

### CHAIN OF COMMAND / LINE OF AUTHORITY

- The line of authority on the weekend is as follows: (1) Section Head Cha, (2) Assistant Head Cha, (3) Head Cha, and (4) Rector. Even the Spiritual Directors are under the Rector's authority.
- All chas are under the direction of the Head Cha or Assistant Head Cha on the weekend. Please do what he/she asks. If a problem arises, go to your section head. **LET YOUR SECTION HEAD KNOW WHERE YOU ARE AT ALL TIMES!!!**

## CHANGES / DECISIONS

- There will be things done and said with which you may disagree. Your opinions and suggestions are valued and welcomed as our plans are formulated. However, once a decision has been made, your leaders expect your full support.
- Make a note of all suggestions or changes you would like to see during the weekend. You can always make the suggestion at the team critique/evaluation meeting after the weekend.

## CHAPEL

- Team members are certainly welcome to attend chapel, but if seating is limited, be sure to leave that space for candidates and Rollo Room team (unless otherwise planned).
- For the Saturday morning chapel, where communion is shared in pairs, it is preferable to have team members attend the chapel service and sit on the front rows, to be an example for the candidates.
- Please do not come into the chapel after the doors have been closed.

## CLOSING

- **Each section should be inventoried, packed, and spotless before you go to closing. All boxes should be placed near the door from which they will be loaded. Do not leave your area until checked by Assistant Head Cha. (See the set-up and take down list in your job description.)**
- The weekend is not over yet. Sit with your section.

## COMMUNION

- Spiritual Directors may provide communion daily for sections not participating in Chapel.

## DENOMINATIONS

- Please show appreciation and respect for different denominations. No bashing.
- Debating various church dogmas is very distracting from the focus of the weekend and should be avoided.

## DISHES AND OTHER ITEMS

- Label anything that you wish to be returned. Unlabeled items may be thrown away.

**DORM**

- You are responsible for your own bedding and luggage on Thursday, not the Dorm chas.
- Do not make beds for candidates (this is palanca, and all candidates must be treated the same). If a candidate needs help making their bed, please notify a dorm cha.
- Make sure your dorm is clean when the weekend is over.

**LEAVING CAMP**

- No team member is to leave the camp during the weekend.
- The Gofer cha leaves only when specifically asked by the Assistant Cha, Head Cha, or Rector.

**LINE THE WALKS**

- Line the walk whenever candidates move from place to place (except to and from meals), as directed by the Assistant Head Cha, Head Cha, or Rector.
- If it is dark, you will need a flashlight. If it is raining, you will need an umbrella. Think ahead . . . bring these with you early instead of having to run back to the dorm.

**MEALS**

- Chas should help the Kitchen Chas carry trays for the candidates, Silent Professors and Rollistas. Have a servant's attitude.
- Make it a point to sit with someone different, preferably a candidate, at each meal.

**OPPOSITE SEX**

- With the exception of Serenade, no one of the opposite sex is to enter the team dorms.
- The candidates' dorms may be entered only for the pick up and delivery of luggage.
- No female, even the wife of a spiritual director, is to enter the Spiritual Director's room during the weekend (this includes Palanca Chas). Knock on the door and hand things in. If no one is there, find a Spiritual Director elsewhere and deliver any items then.

## **PALANCA**

- Palanca (candidate and/or team) is to be clearly labeled and separated. A palanca letter must be attached if not **individually** labeled. All letters must be read for kitchen or Rollo rm.
- Anything on a string or ribbon should be put into individual baggies for easier distribution.

## **PRAYER**

- Pray for this team and this Tres Dias. Support this effort with your prayers for all who play a part.
- You may be asked to pray for and with a Rollista during the weekend. A cha will get you at the appropriate time.

## **PRACTICE ROLLOS**

- The practice Rollo should be given in the same manner as it will be given on the weekend.
- The Rollista should dress appropriately. This is the Rector's discretion.
- The Rector, Head Cha or Assistant Head Cha should read the Rollo summary prior to each Rollo.

## **PROBLEMS**

- If you have a problem with a team member which you cannot handle, go to your section head first. He/She, in turn, will go to the Assistant Head Cha if more information or instruction is needed. (See chain of command.)
- There can be no room for conflict among us. Anyone harboring dissent will not make a meaningful contribution to our efforts.

## **RECTOR**

- The Rector is the ultimate authority on the weekend. He/She, will consult with the Back Up Rector on matters in which he/she needs assistance.
- Allow the rector to be first to leave the Rollo Room and Chapel.

## **ROLLO ROOM**

- Please, no visiting, writing palanca letters, sleeping, or distracting behavior in the Rollo Room during Rollos or decuria.
- Please do not come into the Rollo Room after the doors have been closed.

**SEND-OFF**

- Mingle with the candidates.
- Silent Professors and Rollistas are to have a low profile.

**SETUP AND TAKE-DOWN**

- Each section head cha is responsible for the unpacking and repacking of their section. Because we often can leave supplies in place between the men and women's weekends, some things may already be unpacked for setup of the women's weekend.
- Weekend team members will be available to load and unload the storage boxes and to deliver them to the designated section area. The take-down team is not responsible for packing any boxes or taking inventory.

**SMOKING**

- Smoking is forbidden inside the buildings at the camp.
- On each weekend, designated smoking areas will be assigned outside.

**SILENCE**

- Strict silence of chas is strongly requested, especially in the proximity of the candidates, during Thursday evening time of silence and Friday morning chapel.
- Also, there are times when candidates are instructed to follow the rector, in silence, to the chapel. During those times, please be silent if you are lining the walks.

**TEAM MEETINGS**

- Attend all team meetings before the weekend. Let your section head or Head Cha know if you cannot be there. Follow up after a missed meeting to find out any instructions or information you may have missed.
- If you are unable to support this team by being on time and by freely participating for any reason, now is the time to let the Rector know.



- Participate fully with your section in preparation for the weekend.
- Anything that goes on in team meetings is for team members only. Each of you is expected to keep these matters confidential and strictly between those on the team.
- During the weekend, each night the Rector will call a team meeting. This meeting will be held at the time and location chosen by the Rector. These meetings are required for all sections heads (or a designated substitute) and all chas are strongly encouraged to attend. In addition to discussing special issues of the day, or plans for the next day, the team will pray for Rollistas.

### **TELEPHONES and ELECTRONIC DEVICES**

- Do not expect to use the telephone for personal reasons.
- Do not bring cellular phones, pagers, beepers, radios, TVs, etc. to the weekend. This is a cloistered weekend. Leave thoughts of home and work behind.

### **WEARING THE CROSS**

- You may wear your Tres Dias cross on Friday afternoon after the Piety Rollo with the exception of unrevealed Silent Professors and unrevealed Rollistas.
- The Rector may instruct the chas to wait until Saturday chapel to wear crosses.

---

## BRIEF DESCRIPTION OF COMMUNITY WEEKEND EVENTS

Set-up	Wednesday	Set up team and volunteers set up camp.
Send-off	Thursday	Arrive at the camp and report to Section Head. Team meeting and communion. Sendoff occurs once candidates have arrived.
Serenade	Saturday	Meet and practice at designated location. Serenade.
Take-down	Sunday	Take-down Team begins loading.
Closing	Sunday	Arrive at the camp—the closing soon follows.

### SET-UP

- Section Heads and Team should be there. Set-up is part of your weekend team commitment.
- Anyone else who can be of help is encouraged to assist. When there are many helpers, the work will move faster. (No children please.)
- Section Heads should check their area, time line and job descriptions.
- Prepare and set up your area according to the job description and/or section head specifications (may need to consult the time line).
- Team may make their beds and drop off luggage.
- Do not make any candidate's bed. This is palanca and all candidates must be treated the same.

### SEND-OFF

- Anyone who has attended a Tres Dias or similar weekend may attend. No children please.
- The community observes communion after the candidates and team leave.

### SERENADE

- Anyone who has attended a Tres Dias or similar weekend may attend. No children please.
- If you are a married person and your spouse is a candidate on the weekend, you are not allowed to attend unless otherwise specified.
- Get there early for fellowship, instructions, practice songs and communion.

### CLOSING

- Anyone who has attended a Tres Dias or similar weekend may attend. No children please.
- If your spouse is a candidate on the weekend, you are strongly encouraged to attend.

### TAKE-DOWN

- All Head Chas make sure their section is ready when the Take-Down Team arrives.
- The Team is not finished until *everything* is put away.

---

## TEAM CHECKLIST

- \_\_\_\_\_ Complete online Team Member application and pay Team Fee of \$200.00 no later than the day of the 2nd Team meeting of any given Weekend. Payment can be made online or by check payable to RMTDW.
- \_\_\_\_\_ General Palanca Letter (similar to the one in your *Team Manual*). Give to assigned person—usually Assistant Cha or Head Cha, by date decided upon.
- \_\_\_\_\_ Individual palanca letters to the candidates (36). Do not write candidate names on envelopes or in letters until the weekend when there is a final candidate list. Deliver them to the Palanca room in ***alphabetical order***.
- \_\_\_\_\_ Palanca—deliver to Palanca room labeled appropriately. If palanca is for the kitchen, please deliver to the Kitchen team. Counts below do not include prayer team, since that number varies from weekend to weekend.  
     \_\_\_\_ 30 candidates      \_\_\_\_ 60 team      \_\_\_\_ 42 rollo room      \_\_\_\_ 90 kitchen  
     \_\_\_\_ 6 rollo room tables plus Head table.
- \_\_\_\_\_ Notes to any Rollistas to be read before they give their Rollos. Label it appropriately with the name of the Rollo and the Rollista.
- \_\_\_\_\_ Notes to any team members to be put on their bed or in their palanca bag. Deliver to Palanca.
- \_\_\_\_\_ Weekend supplies:  
     \_\_\_\_ clothes (comfortable shoes and clothes, no short-shorts, and no shorts on Sunday)  
     \_\_\_\_ bedding      \_\_\_\_ towels      \_\_\_\_ toiletries      \_\_\_\_ flashlight      \_\_\_\_ umbrella  
     \_\_\_\_ cross      \_\_\_\_ *Pilgrim's Guide*      \_\_\_\_ Other \_\_\_\_\_
- \_\_\_\_\_ Prayer bell/bracelets or coins you have used as a reminder to pray for your candidate.
- \_\_\_\_\_ Team book/manual and any supplies needed for your area. (Label all items you want back.)
- \_\_\_\_\_ Copy of your Rollo (Rollistas and those who have previously given a Rollo). Give to Head Cha before weekend.
- \_\_\_\_\_ A heart full of love, ready to serve.

---

## PALANCA

### WHAT IS PALANCA?

Palanca is a small gift or a note of encouragement.

### HOW MUCH SHOULD I MAKE?

- Candidates only.....30
- Team only .....60
- Rollo room .....42 (30 candidates, 12 professors)
- Rollo room tables .....7 (candidates, professors, and head table)
- Kitchen .....90

### TO WHOM CAN I GIVE PALANCA?

- Candidates. Not an individual candidate. If you make or give palanca to a candidate, you must give every candidate the same thing.
- Rollistas. A note of encouragement or some type of palanca if you wish to do so.
- Your spouse if he/she is working the weekend.
- Sponsors wishing to give palanca to a candidate may do so on the way home after closing.

While you can give palanca to individual team members, the rector, or the spiritual directors, please remember that the weekend is for the candidates and that is where the primary focus should be.

### OTHER CONSIDERATIONS

- It is always good to make a few extra palanca, just in case something gets broken. If the palanca is even one short it will not be distributed.
- Please label all palanca with the number of palanca, where you want it to go (i.e., kitchen, Rollo room, bed, table, etc.), and when it should be delivered.
- If you are using reusable containers that you want returned to you, clearly indicate that.
- Palanca is to be clearly labeled and separated. (It is suggested that a palanca letter be attached if not individually labeled.)
- Prayers and palanca letters of encouragement for Rollistas are appreciated because the practice Rollos and those given on the weekend are mentally and physically strenuous.
- Anything on a string or ribbon should be put into individual baggies for easier distribution.

## DIFFERENT KINDS OF PALANCA

- **Letters for any candidates you are sponsoring** – Husband, wife, children, parents, brothers, sisters, friends, pastor, etc. Be creative and resourceful; try to find an old friend or distant relative. **Please put these letters in a separate bundle with in order of priority (husband or wife and children on top etc. Give to Palanca on Thursday.**
- **Oven palanca** – Food brought to serve throughout the weekend and to serve the serenaders.
- **General Palanca letter** – Letter to be placed on the walls during the weekend. This should be a written letter from you to all the candidates as an encouragement. This letter is introduced by the spiritual director with other letters from other communities during the *Holy Spirit(Divine Aid)* Rollo. This is the first palanca introduced on the weekend.
- **Palanca letters to candidates (and team)** – These letters should be **alphabetized** by last names and given to Palanca Chas. Some of these can be written before the weekend, while some you won't be able to write until you have met someone. The weekends are busy, so try to get as many done before the weekend as possible.
- **Table palanca for the Rollo Room** – Candy, fruit baskets, food, etc. Make sure you have labeled how much palanca there is and where it is to go (i.e., candidates/professors only, candidates'/professors' tables plus rector table, etc.)
- **Bed palanca for candidates** – Some examples are Scriptures, disposable razors, soap, lotion, small crafts, candy. There must be enough for all 36 candidates. **(It is always a good idea to send a few extra, just in case one gets broken.)**
- **Rollista palanca** – This is a letter of encouragement to the Rollista that is put on their bed before their Rollo. This is cherished by the Rollistas because they are usually nervous and need the encouragement. You can also write a short note of encouragement for the practice Rollo as well.
- **Banner palanca** – The banner is a visual of the theme of the weekend. If you would like to help work on or contribute financially to the weekend's banner, let the Head Cha know.
- **Banner Size** - Banner size should be limited to 3'x 5'
- **Prayer palanca** – Team members will be called on during pre-weekend team meetings and on the weekend to pray during the presentation of the Rollo. The Rollos during the practice or on the weekend are mentally and physically strenuous. Your prayers are needed and appreciated.

---

## ROLLO PRAYER PALANCA

Rollo Prayer Palanca is one of the greatest blessings you will receive at this Tres Dias weekend. The Prayer Palanca Team and the Rollista will join one of the Spiritual Directors in the chapel (or alternate chapel). Here, they will offer a short prayer for the Rollista, the Rollo about to be given, and the candidates who are about to hear it. The Rollista and the Spiritual Director will then leave for the Rollo Room. From the time they leave until they return to the chapel, you and your prayer partner will be in prayer for them.

Praying can be done in many ways; however, remember to be yourself and pray as if you were in church, at home, or driving in your car. You may choose to pray aloud or silently. It is the prayer from your heart that matters. During this time, you are conversing with the Lord Jesus.

In addition, there may be a poster set up in the chapel with the names of the candidates by table. There may also be a list of the team members. Pray as the Holy Spirit directs.

You may choose to kneel, to sit, or whatever you feel comfortable doing. People with problems, such as back pains, have stood or walked while praying. Don't miss the blessing because of physical problems. The Lord will be with you the whole time. Praying and feeling the Holy Spirit's presence provides you with a time of communing with our Heavenly Father, speaking to Him about the weekend, interceding for the candidates, and allowing Him to speak to you. If you have a prayer partner, you may develop a common bond.

Before you know it, your time will be up and the Rollista and the Spiritual Director will return. You will have a prayer of thanksgiving, giving thanks to our Father for the message through the Rollo. Normally, the Spiritual Director will close the Prayer Palanca time.

## GENERAL PALANCA LETTER

General Palanca letters are read during the Spiritual Director's *Holy Spirit (Divine Aid)* Rollo on Friday afternoon after Palanca is introduced. It is called a "general" palanca letter because it is one letter which you write to the entire group of candidates.

The Spiritual Director chooses a few of these letters which he reads aloud during his Rollo. Then all of the letters are posted on the Rollo room wall for the candidates to read.

All team members are to write a general palanca letter. (Professors are not to sign this letter to avoid being revealed before they have given their Rollo. Use a general designation such as, "Your brother or sister in Christ.")

**GENERAL PALANCA LETTER**  
*(SAMPLE ONLY)*

RMTDW # 00

Dear Sister or Brother in Christ,

What a pleasure it is to be able to serve you on this Tres Dias weekend. I am honored that God would allow me this privilege.

It is a wonder to watch our Father at work in all of your lives as He touches you with His love. It has been my prayer for many weeks that His perfect will would be accomplished in you during this Tres Dias weekend. I trust that He has prepared your hearts to receive all that He has planned for you during these three days. Be open to Him. Receive His love. Yield your will to His will that you may be made perfect in Christ.

As the weekend progresses, you will see more and more just how much you are loved, by God and by all of us who are serving Him by serving you. We are here for one reason: That you might experience his love in a greater dimension than you have ever known before.

To God be all glory and honor and power forever.

In Jesus' love,

Your Signature  
Your Team Position

**VARIOUS ENVELOPES FOR PALANCA LETTERS**

*(SAMPLE ONLY)*

From: Wife  
**JOE DOE**  
Candidate

From: Friend or Family  
**JOE DOE**  
Candidate

From: Team  
**JOE DOE**  
Candidate

From: Husband  
**JANE DOE**  
Team

From: Team  
**JOE DOE**  
Team

---

## SPONSORSHIP

### IMPORTANCE OF SPONSORSHIP

- Sponsorship is one of the *essentials* of Tres Dias.
- Tres Dias is not a walk-in and sign up organization. It is by invitation only.
- Sponsorship is an act of *sacrificial love*.
- Sponsorship is an act of *spiritual warfare*.

### WHOM SHOULD YOU SPONSOR

- Begin in *prayer*.
- Tres Dias is designed for *Christians*.
- Tres Dias is not for everyone.
- Those whom you should consider inviting:
  - Unchurched believers who are potential church members
  - Dependable church members
  - Less active church members
  - Church leaders
  - Unchurched Christians who are hungry for “something more”
- The following are *not* ideal candidates and you should not sponsor such a candidate without much prayer and sound Christian counsel.
  - Non-Christians (persons who have no relationship to Jesus Christ’s church)
  - Persons undergoing a severe emotional crisis requiring professional counseling
  - Persons who repeatedly decline to make a weekend after being invited
  - Persons looking for another “spiritual high” or another experience to help them “arrive”
  - Persons living in a non-Christian lifestyle

### HOW TO SPONSOR

- Start early (three to six months before the weekend).
- Consider making your invitation a special occasion.
- Avoid “spooking” with unnecessary secrecy, but save the surprises.



---

## **SPONSOR RESPONSIBILITIES**

Your sponsorship begins on your knees and ends on your knees. It is very important to seek God's wisdom as a Tres Dias sponsor. It is more than asking, signing in, and picking up your candidate. Sponsorship is praying, serving, and encouraging your candidate before, during, and after the weekend. It involves a sacrificial commitment by you on behalf of another. Good sponsorship is an integral part of the Tres Dias experience.

### **TRAINING**

All Sponsors must successfully complete the Online Sponsorship Training module that will help reinforce your responsibilities as a Sponsor. The Online Training must be completed prior to the weekend.

### **BEFORE THE WEEKEND**

- Pray for your candidate
- Discuss general weekend topics with your candidate
- Plan when you will pick up your candidate to bring them to the weekend.
- Explain to the candidate's family about Palanca letters.
- Discuss the weekend fee with your candidate.
- Stay with your candidate through "Send-Off."
- Be an encourager and helper to your candidate.

### **DURING THE WEEKEND**

- Pray for your candidate
- Check on the candidate's family.
- Ensure that the candidate's family knows how to contact you for emergencies.
- Family palanca is a good idea.
- Attend the Serenade and encourage other community members to attend.
- Be there for Closing; it is your responsibility to get them home. Make sure your candidate leaves the weekend with all of his/her belongings.

### **AFTER THE WEEKEND**

- Continue to pray for your candidate.
- Help your candidate find a reunion group.
- Bring your candidate to their first Sequela.
- Help your candidate to sponsor others.
- Seek ways to help your candidate grow in their Christian walk.

**SPONSOR REQUEST FOR PALANCA LETTER***(SAMPLE ONLY)*

Date

Your Address  
City, State ZipDear Friends and Family of *(First and Last Name of Candidate)*,

          (Name)           will be attending a Christian renewal weekend during           (date of weekend)           called “Tres Dias” which means “three days” in Spanish. Because the weekend is a time of renewal and encouragement for attendees, a **Surprise** mail delivery will be made to each one.

Would you consider taking just a few minutes to write           candidate           a note, letter, or card? He/she would receive it **BY SURPRISE**. The message can contain whatever you might like to tell           candidate           that will encourage him/her, or something that would be special to him/her, or what he/she has meant to you in your life. You can be sure that he/she will be grateful.

Because this is a **Surprise**, please send your letter to their sponsor:  
Candidate’s Name  
c/o Sponsor’s Name  
Sponsor’s Address

If you prefer, you may e-mail your letter to           (your email address)          , and I will put it in a sealed envelope to be given to him/her on that weekend.

If at all possible, I would like to receive your letters by           (a certain date)          . Please don’t hesitate to call me at           (phone number)           or email me if you have any questions.

Thank you so much for taking the time to do this. I think hearing from you will mean a great deal to           (candidate)          .

God bless,

Your Name

---

## TRES DIAS WEEKEND SUMMARY

**THURSDAY**

Send-off/Banquet	
Talk	Rector's talk
Meditation	"Know Thyself"
Meditation	"The Prodigal Son"
Silence	

**FRIDAY**

Meditation	"Three Glances of Christ"
Breakfast	
Rollo	<b>Ideal</b>
Rollo	<b>Grace</b>
Lunch	
Rollo	<b>The Church</b>
Rollo	<b>Holy Spirit</b> (palanca introduced)
Rollo	<b>Piety</b> (key talk of the weekend)
Dinner	
Decuria	Poster review

**SATURDAY**

Meditation	"The Figure of Christ" (with abrazos)
Breakfast	
Rollo	<b>Study</b>
Rollo	<b>Sacred Moments of Grace – Part 1)</b>
Chapel	"The Crucifixion Story"
Rollo	<b>Sacred Moments of Grace – Part 2)</b>
Lunch	
Chapel	Table "We" prayers
Rollo	<b>Action</b>
Rollo	<b>Obstacles to Grace</b>
Rollo	<b>Leaders</b>
Dinner	
Serenade	
Chapel	Forgiveness ceremony
Decuria	Poster review

**SUNDAY**

Breakfast	
Meditation	"The Message of Christ"
Chapel	Petition communion
Rollo	<b>Study of the Environment</b>
Rollo	<b>Life in Grace</b>
Service Cards	Table "We" prayers
Lunch	
Rollo	<b>Christian Community in Action</b>
Rollo	<b>Group Reunions</b>
Rollo	<b>Security in the Fourth Day</b> (the Rector's talk)
Talk	Spouse's talk
Letters	Distribution of palanca letters
Chapel	Distribution of crosses
Closing	

**ESSENTIALS and NON-ESSENTIALS**

Essential		Not Essential
Three days (72 continuous hours)	Cloistered weekend	Serenade
Lay led	Period of silence	Nailing to the cross
All denominations involved	Chapel visits	Joke sessions
Active clergy participation	Communion each full day	Skits
Not a service organization	Fifteen talks – in sequence	Kitchen humor
Non-profit	Table discussion after each rollo (except Fourth Day talk)	Posters
Candidate sponsored for all phases of weekend	Well prepared closing	Send off
Men and women on separate weekends	Encourage reunion groups	Palanca
Team meets prior to weekend to promote community, receive instruction in dynamics and critique all rollos	Sequelas (preferably monthly)	

**ESSENTIAL CHARACTERISTICS OF THE TRES DIAS WEEKEND**

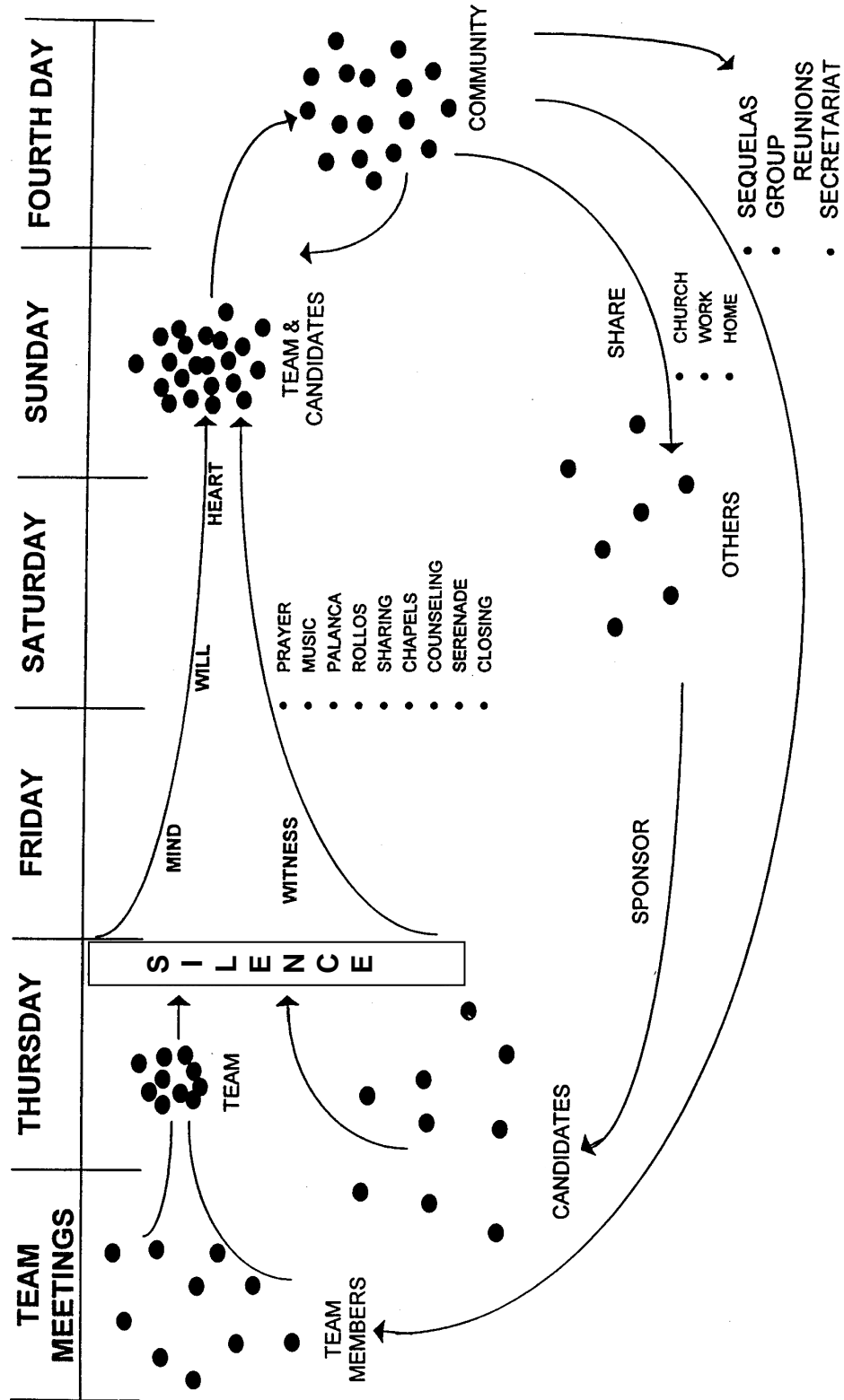
- Witness ..... **NOT** ..... Revival meeting
- Group dynamics ..... **NOT** ..... Group therapy
- Theological instruction ..... **NOT** ..... Doctrine
- Period of silence ..... **NOT** ..... Retreat
- Renewal ..... **NOT** ..... Necessarily conversion
- Encounter with the Holy Spirit ..... **NOT** ..... Charismatic movement
- Tool of the Lord ..... **NOT** ..... End in itself

**RELATIONSHIP BETWEEN LAY TALKS**

(The amount of personal witness increases each day.)

	FRIDAY Focus — Individual	SATURDAY Focus — Action	SUNDAY Focus — Community
<b>1st ROLLO</b> 1. Appeals to the <i>mind</i> . 2. Contains a <i>small</i> amount of witness.	Ideal	Study	Environment
CLERGY TALK	Grace	Sacred Moments of Grace	Life in Grace
<b>2nd ROLLO</b> 1. Appeals to the <i>will</i> . 2. Contains a <i>moderate</i> amount of witness.	The Church	Action	Christian Community in Action (C.C.I.A.)
CLERGY TALK	Holy Spirit	Obstacles to Grace	
<b>3rd ROLLO</b> 1. Appeals to the <i>heart</i> . 2. Contains a <i>high</i> amount of witness.	Piety	Leaders	Reunion Groups
<b>RECTOR TALK</b> 1. Appeals to <i>perseverance</i> . 2. Contains a <i>high</i> amount of witness.			Security in the Fourth Day

THE TRES DIAS METHOD



NORTH TEXAS TRES DIAS  
(Thanks to Steve Boyd MCTD)

NORTH TEXAS TRES DIAS

January 30, 1998

## WOMEN'S GUIDELINES FOR PRACTICE ROLLOS AND CRITIQUES

**Goal:** To allow the Rollista an opportunity to present the Rollo to a group of peers. To allow Table Chas an opportunity to practice candle lighting. Every effort is made to simulate the actual weekend presentation so that the Rollista and Table Cha can become comfortable with the presentation process.

1. The Escort Cha pulls the Rollista to an out of room site.
2. The Escort Cha pulls the Prayer Palanca Person, a Prayer Cha, and a Spiritual Director.
3. The Spiritual Director, Prayer Palanca Person, Prayer Cha, and Escort Cha (the Prayer Palanca Team) join the Rollista for a moment of prayer.
4. The Head Cha or Asst. Head Cha hands out the critique sheets.
5. The Rector reviews the critique sheet.
6. The Head Cha, or Assistant Head Cha reads the summary of the talk (found in the *Team Manual*) before the Rollo is given.
7. Music Chas ask all to stand and leads the Rollista's chosen song, or the song selected by the rector, in preparation for the talk.
8. The Table Cha goes to the front, lights the candle as the song is sung, and picks up the prayer cross to present to the Rollista. (**Note:** Have your *Pilgrim's Guide* with you.)
9. The Table Cha turns and faces the team.
10. The Rollista enters and faces the Table Cha with her back to the team.
11. When the music stops, the Table Cha says, "Please turn to Page 14 of your *Pilgrim's Guide*," and leads the team in the meditation. (The meditation stops at the first "Amen" before the Piety Rollo. Beginning with the Piety Rollo, the whole meditation is used.) **The meditation is on page 23 of the Team Manual.**
12. The Table Cha hugs the Rollista, hands him/her the cross, and then sits down.
13. The Rollista steps up to the podium (a short prayer is optional) and instructs all, "Please be seated."
14. The Rollista gives her name, which weekend she attended, at which table she sat, and the church she attends. The Rollista then gives the name of the Rollo.
15. After the Rollo, the Rector will go to the Rollista, give her a hug and receives the cross from the Rollista.
16. The Rollista leaves to go back to pray with the Prayer Palanca Team.
17. The Rector puts the cross back on the table and goes to sit down.
18. The Team completes critique sheets after the Rollo.
19. The Head Cha and Assistant Head Cha collect critique sheets and give them to the Rector.

***Supplies needed:***

Small table

Matches

Critique sheets

Stand-up cross

Prayer cross

Song

Candle with holder

*Pilgrim's Guide*

---

## WOMEN'S CANDLE LIGHTING PROCEDURE FOR ROLLOS ON WEEKEND

1. The Escort Cha pulls the Rollista to get ready.
2. The Escort Cha pulls Prayer Palanca Person(s), Prayer Cha, and a Spiritual Director.
3. The Spiritual Director, Prayer Palanca Person(s), Prayer Cha, and Escort Cha (the Prayer Palanca Team) join the Rollista for a moment of prayer.
4. Music Chas ask all to please stand and leads the Rollista's chosen song, or the song selected by the rector, in preparation for the talk.
5. The Table Cha goes to the front as the song is sung, lights the candle, and picks up the prayer cross to present to the Rollista. (*Note: Have your Pilgrim's Guide with you.*)
6. The Table Cha turns and faces the candidates.
7. The Rollista enters and faces the Table Cha with her back to the candidates.
8. The Table Cha says, "Please turn to Page 14 of your *Pilgrim's Guide*."
9. The Table Cha leads the candidates in the meditation. (The meditation stops at the first "Amen" before the Piety Rollo. Beginning with the Piety Rollo, the whole meditation is used.)
10. The Table Cha hugs the Rollista, hands her the cross, and then goes to her station.
11. The Rollista steps up to the podium. (A short prayer is optional.)
12. The Rollista then instructs all, "Please be seated."
13. The Rollista gives her name, which weekend she attended, at which table she sat, and the church she attends.
14. The Rollista then gives the name of the Rollo.
15. After the Rollo, the Rector will go to the Rollista, gives her a hug and receives the cross from the Rollista.
16. The Rollista leaves to go back to pray with the Prayer Palanca Team.
17. The Rector puts the cross back on the table, blows out the candle, and goes to the podium and asks for a moment of silent reflection.

---

## **MEN'S PROCEDURE FOR ROLLOS**

1. Table Cha from Rollista's table lights the candle at the beginning of the Rollista's song, or the song selected by the rector.
2. As the Rollista enters the Rollo Room, the Rector joins the Rollista as he approaches the podium.
3. The Rector hugs the Rollista and presents a cross to the Rollista.
4. The Rollista requests the group to join him in the meditation, "Please turn to Page 14 of your *Pilgrim's Guide*." (The meditation stops at the first "Amen" before the Piety Rollo. Beginning with the Piety Rollo, the whole meditation is used.)
5. The Rollista introduces himself and the title of his Rollo.
6. The Rollo is presented.
7. After presenting the Rollo, the Rollista hugs the Rector and returns the cross to the Rector.
8. The same Table Cha as before extinguishes the candle.
9. At the podium, the Rector requests a moment of silent reflection.
10. The Rollista and the Spiritual Director joins the Prayer Palanca Team for a prayer of thanksgiving.

## **THE SPOUSE'S TALK**

1. The Rector announces the Spouse's Talk and introduces his wife as the Head Cha escorts her to the podium.
2. The Rector stays with his wife as she gives her talk.
3. The Rector and his wife leave the Rollo Room together after the Rollo.

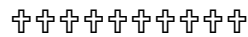


---

## MEDITATION

Come, Holy Spirit, fill our hearts and kindle them in the fire of your love. Send forth Your Spirit and they shall be created. And You shall renew the face of the earth.

O God, who by the light of the Holy Spirit, instructs the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever rejoice in His consolation, through Christ our Lord. Amen.



I believe, Lord, that You are here present. Although my eyes do not see you, my faith senses You. Take any stray thoughts from my mind. Make me understand the truths that you wish to teach me in this meditation. Let me make up my mind to put them into practice. Your servant is listening; speak, O Lord, to my soul.

We give thanks, Lord God Almighty, for all the benefits You have given us. To You who live and reign forever and ever. Amen.

---

## ROLLO SUMMARIES

### IDEAL

*Ideal* is the opening talk of the Tres Dias. It presents the Pescadores with a way of thinking about their lives. They are invited to consider what a man/woman is and what it is to become a man/woman. A man/woman is presented in the talk as a being that has an ideal.

The first aim of the talk is that it seeks to convince the pescadore of the need for an ideal – the main mast of their whole life – and to persuade them that the one who has none, whoever they may be, is not a man/woman. The second aim of the talk builds on the first. It ought to awaken in the pescadore the desire to know their ideal, inviting them to think. In this way it prepares them to listen and to follow the remaining talks attentively. By the end of the talk the Pescadores should see the need for having an ideal for their life and understand why they need an ideal. At the end of *Ideal*, the Pescadores should be ready to proceed with the rest of the weekend.

### GRACE

The *Grace* Rollo is the second Rollo of the first day. It follows the *Ideal* Rollo, which brings the candidates out of the work-a-day world into Christian community. It is followed by *The Church* Rollo which reveals the dynamics of mission and ministry of that community under the lordship of Jesus Christ.

Its purpose is to reveal grace as the revelation of God's divine love for the world and the human family. Its purpose is to elicit that response which grace brings forth in the lives of all who accept in faith what He so freely and unconditionally offers. The Rollo is classic theology. It may be presented as an evangelical witness.

### THE CHURCH

*The Church* is the third talk of the Tres Dias. This talk grows out of the first two talks (*Ideal* and *Grace*) because it considers how this ideal that has been presented can be made effective in the world.

*The Church* presents to the pescadore the mission of the Church to the world and his/her part in that mission. It provides the framework for the rest of the lay talks.

*The Church* should be a talk that gives witness to the importance of Christianity and discipleship to life. The approach of this outline is careful not to tell him/her how to live as a Christian and a disciple. The talk should only sketch the attractiveness and the greatness of the Christian ideal.

### THE HOLY SPIRIT

This is the fourth Rollo of the first day and the second Rollo given by a spiritual director. Its central purpose is to assure the candidates that God's enabling presence is with them always.

Grace with the powers and gifts that accompany it, constitutes our spiritual life. The motor has all its parts. Now we must start it. We must act and work spiritually. We are going to study how to

---

start this organism and how to put spiritual life into practice. We shall achieve this through the influence of *The Holy Spirit*.

## **PIETY**

The talk on *Piety* is one of the keystones of the techniques of Tres Dias. *Piety* is the talk that states in the clearest way what is fundamental to being a Christian and which gives the strongest call to actually make God the basis of it all. It is the talk that confronts the Pescadores most strikingly with the call of God to live the life of grace. It is the talk that provides the turning point both from the point of view of the development of ideas, and from the point of view of psychological response to the weekend.

The talk on *Piety* stands as the conclusion of the day (Friday) and brings the day to a resolution. *Piety* explains the first step – making a dedication to God the foundation of everything else. But it is more than just the first step. It is the summary of everything else. Everything else is a way of being pious. Tres Dias ends with a summary of the *Piety* talk: “A Christian life, deeply felt, lived and spread.”

## **STUDY**

The *Study* Rollo is the first talk on Saturday and tells the candidates that one must use one’s own mind to learn how to live in grace, and that it is necessary to study to learn how to live as a Christian. This is an intellectual talk, and as such, it emphasizes the need that the Pescadores have for formation if he/she is going to be an effective Christian leader. In *Study*, he/she is taught the first of the tools of formation—regular study.

In the *Study* Rollo, there is not too much witness, but more than that of the *Ideal* Rollo. It is the first talk that emphasizes hard work and discipline.

## **SACRED MOMENTS OF GRACE**

The purpose of this Rollo is to explain, simply and practically, how the sacraments are signs of God’s grace and love; and how the sacraments disclose, enact and communicate this grace and love to and among Christians.

The *Sacred Moments of Grace* Rollo is a subject about which the laity is usually minimally informed. They invariably respond with enthusiasm to teaching (a) that instructs and informs them, and (b) that illustrates and accents the similarities among the traditions. For the most part, language should be used which can be readily understood by the layperson.

Because Tres Dias is an ecumenical weekend, (a) how the Rollo is presented, and (b) how the liturgies are done will demonstrate to the candidates, perhaps for the first time, how Christian unity can be expressed and experienced.

## **ACTION**

The *Action* talk is the third talk on Saturday of the Tres Dias. This Rollo explains an important part of the formation of a Christian leader. If he/she is to be a true Christian disciple, a regular part of his/her life will be the need for him/her to make friends with others and to make them friends of Christ. All of his/her discipleship work should aim at bringing others to Christ. To present this need is the goal of the *Action* Rollo.

This is a transition Rollo – it makes the transition from considering the life of grace to the third day. It begins to start the pescadore thinking about what he/she has to do in the world. This Rollo is not intended to be a ringing call to action. Rather, it should explain the place of action in the Christian life and explain an approach to action.

The Rollo would have the tone of embarking upon an adventure and should have many examples of action. These examples should be fitted into the talk to clarify the points. There are few Rollos where the temptation is greater to want to say too much. Action does not present a complete picture of discipleship and should not.

## **OBSTACLES TO THE LIFE IN GRACE**

The objectives of the *Obstacles* Rollo are to present a vision of grace from the point of view of sin but making it really a vision of grace. It is necessary to fix in the mind of the pescadore, at the same time avoiding all pessimism, the real difficulties they may encounter so that they may know them and be given the practical means to overcome them. These difficulties are actually tantamount to sin.

Specific problems illustrating sin should be avoided but rather principles should be presented. The talk should not be a course in Christian ethics but the speaker should enable the pescadore to see the magnitude of grace through the magnitude of the void that sin leaves. This Rollo must be totally positive and constructive. Let this is not be a diatribe against sin but a presentation of the truth, making the pescadore see where falsehood is.

## **LEADERS**

The fifth and last Rollo on Saturday is *Leaders*. It is the key Rollo of the day and ties together all of the preceding Rollos. It defines a leader as one who knows Christ and follows Him. The Rollo reassures and inspires the candidates to be leaders.

On the second day, the pescadore is told about how to grow—he/she is told about the importance of a personal union with Christ, the importance of study to form his/her mind, the importance of a sacramental life as a means of union with Christ, the importance of regular discipleship action to grow as a Christian, and the importance of various means to overcome obstacles on their path.

*Leaders* helps the pescadore to think about him/herself and how he/she will have to change, not about what he/she will have to do in his/her environment. The environment is not completely neglected. The pescadore is encouraged to develop leader qualities so he/she can be effective at forming Christian life in their environment.

*Leaders* is the inspiration talk of the day—the examples used should primarily be examples of a leader changing their environment. The speaker should be careful to give examples of smaller, more ordinary successes, as well as less "spectacular" ones. In *Piety*, the emphasis was on taking Christianity as an ideal. *Leaders*, on the other hand, stresses the need to develop a mature Christian character.

Saturday is the Christ day of the Tres Dias. It begins with the meditation on Christ, leader of all. It ends with a talk on Christians, leaders of men and women. Christ should be the model.

## STUDY OF THE ENVIRONMENT

The *Study of the Environment* or simply "*Environment*" Rollo explains how Tres Dias can penetrate the world through the action of the pescadore. It is the talk that explains to the pescadore how he/she can direct him/herself so that his/her life based upon a union with Christ can work toward transforming each situation in his/her everyday environment.

The talk centers on what is common to each pescadore, what is common for every Christian in all the situations of life. It centers on the relationship of those situations to Christ and the life He offers to mankind.

The *Environment* talk should come across with one clear message. It should give the pescadore an approach to handling whatever situation he/she is in. At the end of the talk, the Pescadores should understand more clearly what they are up against, and that they need help. They should understand that contact with their sisters and brothers will help them achieve these changes in their environments.

## LIFE IN GRACE

This is the last Rollo given by the spiritual director. The Rollo, in part, summarizes the weekend and begins the process of maintaining a life in grace following the weekend. Our lives in relationship to God will thrive and grow only to the extent that we are willing to work on that relationship. The Rollos that follow, *Reunion Groups* and *Security in the Fourth Day*, build on this Rollo.

## CHRISTIAN COMMUNITY IN ACTION

*Christian Community in Action* is the talk in the Tres Dias that comes closest to stating the purpose of the Tres Dias. The Tres Dias is meant to provide leaders (men and women formed in the fundamentals of Christianity through a program of piety, study and action) for communities of disciples.

*Christian Community in Action* presents the concept of teamwork in the Christian community, but it is only concerned with a certain kind of teamwork. It is concerned with teamwork in the sense of a group of people who have a common vision, spirit, and approach, and who share their lives together, working together to build something.

---

*Christian Community in Action* should exude deep confidence. It should exemplify the triumphal concept of Christ, the Church, and the life in grace. An important part of the technique in giving this talk is the use of examples. The examples do two things: show how effective a disciple's action can be, and give a glimpse into a Christian community in action.

## **REUNION GROUPS**

The fourth Rollo on Sunday is *Reunion Groups*. This is the Tres Dias method for maintaining the pescadore in his/her life in grace. It describes the groups as being based upon the small groups existing in Christianity for 2000 years. It describes a small group of friends where we can talk about needs that we consider very intimate and most of us will not talk about in large groups. It is the small group of friends who having built up the trust necessary for this kind of opening of one's self, makes this type of sharing possible.

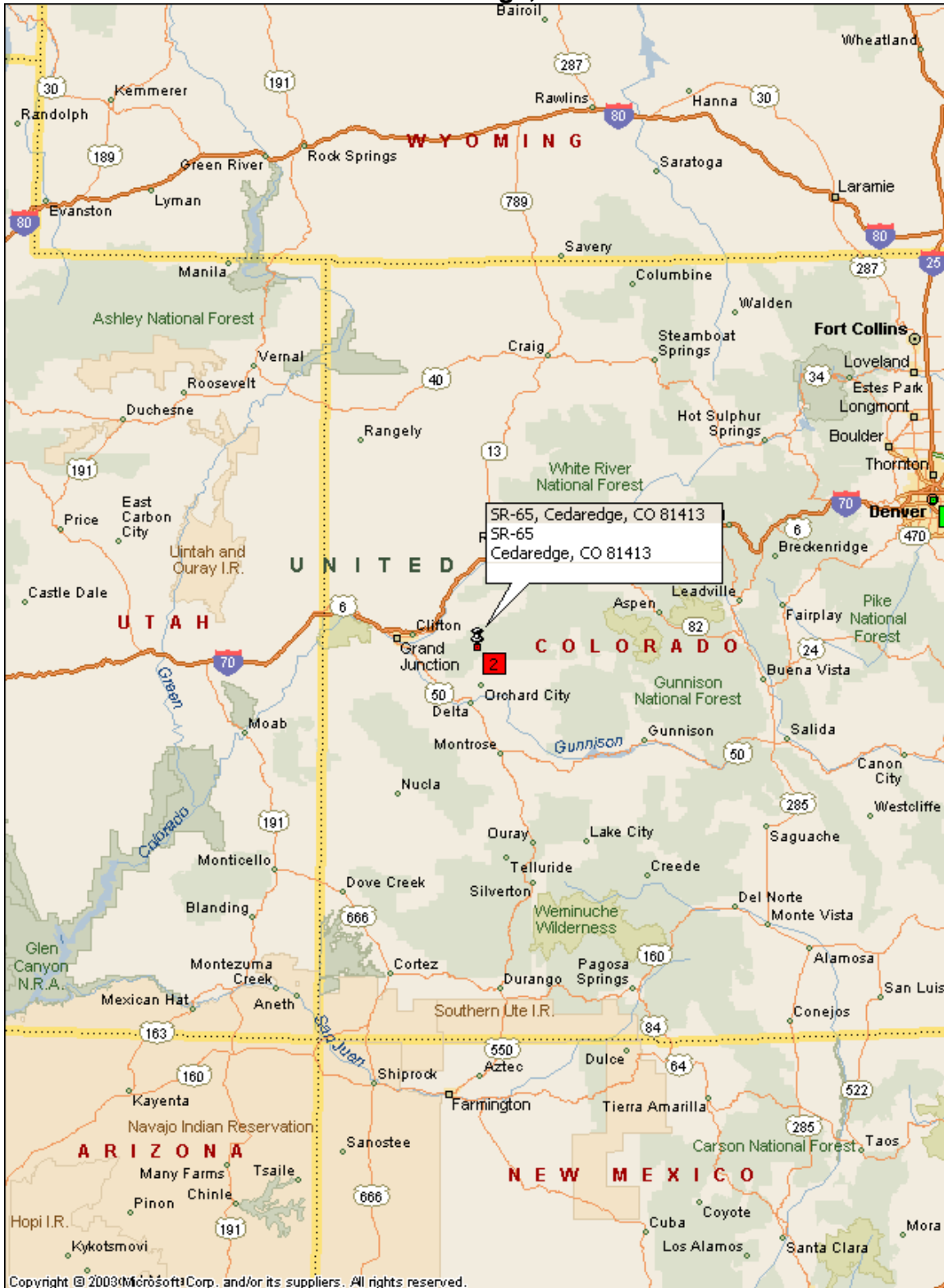
This Rollo puts into words what the weekend has introduced. The most obvious is the table arrangement of small groups and the trust that has build up here and the two small chapel groupings ("We" prayers) where each person prayed for the needs of those at their table.

## **SECURITY IN THE FOURTH DAY**

The last Rollo of the weekend is the *Fourth Day* Rollo given by the rector. It is the wrap-up talk. It stresses the need for perseverance and gives an exhortation to value the means of perseverance offered in the Tres Dias group reunion and secuelas. It is the personal testimony of one who has lived the message contained in the Tres Dias.

The Rollo deals with what lies ahead for the candidate in the world to which he/she is returning. It stresses the vital need summarized in the phrases "contact with Christ" and "contact with your brother and sister in Christ."

### MAP TO CAMP CEDAREGE Cedaredge, Colorado



**DIRECTIONS TO CEDAREEDGE CAMPGROUND**

There are several ways to get to Cedaredge, CO, none of them as easy as if this were a large city with a hub airport. Commuter flights come into Grand Junction (60 miles away) and Montrose (50 miles away), these are both feeder airports from Denver or Salt Lake City or there is a direct flight from Phoenix. None are inexpensive. If anyone is coming by air, a consideration is flying to Denver, renting a car and driving the 4.5 to 5 hour drive to Cedaredge, it might be cheaper in the long run. Since there is some lead time it might be possible to find some decent fares with the discount outfits such as Orbitz, Cheaptickets, Expedia, Price Line, etc. There are several motels here in the area, here are their names and numbers:

Westways Court B&B 1030 Main 65 Delta, CO 81416 81419 970-874-4415	Riverwood Inn  677 Hwy 50  Delta, CO 81416  970-874-5787	Ed-D-Rado Motel  702 Main  Delta, CO 81416  970-874-4493	Braham's  1258 Hwy  Eckert, CO  970-835-3357
Tri-R Motel Inn 805 S. Grand Mesa Dr. Gunnison River Dr. Cedaredge, CO 81413 81416 970-856-2357 1000	Cedaredge Lodge  810 N. Grand Mesa Dr.  Cedaredge, CO 81413  970-856-3727	Four Season's Inn  676 Hwy 50  Delta, CO 8116  970-874-9659	Comfort  180  Delta, CO  970-874-
Best Western Sundance 903 S. Main Delta, CO 81416 970-874-9781	Howard Johnson Express 530 S. Grand Mesa Dr. Cedaredge, CO 81413 970-856-7824	Southgate Inn 2124 S. Main Delta, CO 81416 970-874-9726	

If you are driving using I-70, exit at Grand Junction onto US Hwy 50 and proceed to Delta. At Delta, just after crossing the RR tracks, turn left onto State Hwy 92 and proceed East four miles to State Hwy 65, turn left and proceed 11 miles to Cedaredge. The Campground is four miles North of the town of Cedaredge on Hwy 65. If you are using US Hwy 50 or US Hwy 550 coming from the East or South, again proceed to Delta and after going through most of the town you will come to the intersection noted above, turn right and follow the directions for reaching the Campground.

The name of the Campground is, Camp Cedaredge. If you are seeking camping spaces, we have one on our property with electricity. Right across the road from Camp Cedaredge is a commercial campground called Aspen Trails. Theirs address and phone are; 19991 Hwy 65, 970-856321. They have all sorts of hookups from dry tent sites to full RV hookups and that location is extremely convenient. Remember, you are four miles from Cedaredge and nearly 20 miles from Delta where there is a Wal-Mart.